



Normandy Manor Times

*Volume 55
November, 2011*

*22709 Lake Road, Rocky River, Ohio 44116
Editor-in-Chief/Layout Design, Lori Lancaster*



Dear Residents, Families, and Staff,

This is a time when we reflect on all of the people who have touched our lives and on all of the experiences that have shaped us. I am grateful to our residents who have chosen Normandy Manor of Rocky River to be their “home away from home” and to all of our families who have been so supportive of our facility and our staff. I am also very thankful for all of our staff; they have shown love and caring for the residents, their families and each other.

It has been a privilege serving our residents and developing new relationships with their families. I am, as always, impressed by our staff, who continues to be a team dedicated to excellence every time they work, which is one of the main reasons Normandy Manor is rated as a five-star facility. I wish all of you a very Happy Thanksgiving and hope that the rest of this year brings you good health and happiness.

Sincerely,

*Matthew Shula, LNHA
Administrator*

UPCOMING EVENTS



November 10th, Veteran's Celebration & Pinning Ceremony with Crossroads Hospice at 10:30 am and **Access To The Arts** at 2:30 pm

November 12th, Music with **Holly Prather** at 2:30 pm

November 15th, **Metropolitan Chorus** in the Main Dining Room at 7:15 pm

November 19th, music with **Pat Tamburro**



November 20th, Thanksgiving Celebration will be a lunch time meal. Each resident may invite 2 guests. We'll also enjoy music with the **Shifty Drifters** at 2:30 pm.

November 29th, Rocky River Community Chorus at 7:15 pm



December 2nd, Residents, family members and staff Cocktail Party music provided by **Harmony Society Barbershop Chorus, Miles Boozer, and Paul Hanchek and his Irish Polka Band.**

December 6th, Rocky River High School Show Choir

December 8th, Access to the Arts

December 9th, Dog Show

December 10th Cub Scouts Carols at 10:00 am and **Dance Recital** at 2:15

December 13th, Goldwood at 10:00 am and **St. Ignatius** at 3:45 pm

December 16th, Girls Scouts to carol at 4:45 pm.

December 17th, Westlake Baptist Choir at 10:30 am and **Pat Tamburro** at 2:30 pm

December 23rd, Original Pancake House

PAST EVENTS

October 1st, Harmony Society Barber Shop Chorus filled the main dining room with sounds from yesteryear.

On **October 7th** the smell of pepperoni, sausage, savory tomato sauce and cheese permeated the atmosphere and readied taste buds as our residents entered Ceci's Pizza in Rocky River, and then they went on a scenic ride through the Metroparks for a visual assault to the senses.

Saturday, **October 15th** Westlake Baptist Church spiritualized the morning with Bible verses and favorite hymns. The afternoon rocked with music from the 20's through the 50's. The residents sang along, clapped and moved to the beat of Pat Tamburro and his accordion.

On **October 27th** we dedicated a day for **Breast Cancer Awareness**. A special thank you to our residents, who helped make 200 pink ribbons for the staff and residents to wear. The staff wore pink and balloons graced the halls in celebration.

October 29th, the Children's Halloween Party was a success. Residents and children enjoyed magic and music by G-Wiz. The Dietary Department baked and decorated delicious and festive cupcakes. After the entertainment, residents passed out candy to children who were all in delightful costumes.



Divine Transportation is available for Thanksgiving Day transport at a special holiday rate. Call to inquire at 216.337.0856

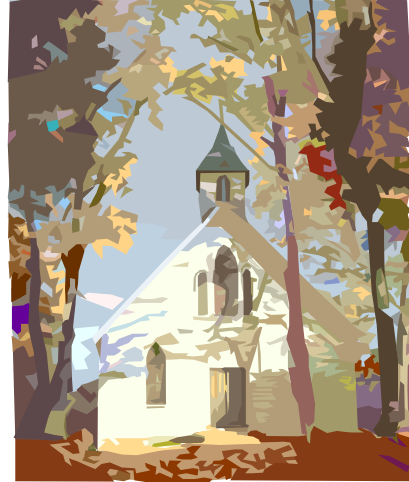
Resident of the Month

Ruth Sichau

Ruth Sichau was born on August 11, 1921 in Cleveland to Clarence and Ester Schoeffel. They became a family of four when her younger brother George was born a few years later. Mrs. Sichau has spent her entire life on the west side of Cleveland. She met her husband to be, Walter Sichau, while attending 7th grade at St. Luke Lutheran Church and School. Their childhood relationship continued its second year through 8th grade at St. Luke. According to Ruth the classes were small; so grades 7 and 8 were combined. Her classmates included Walter's brothers and sisters. Ruth commented, with a big smile, that grade school was a convenient place for her to meet and gain an understanding of her future husband and in-laws!!! After grade school Ruth went on to attend and graduate from West High. Below Ruth's senior picture in her West High School yearbook is a printed quote that reads, *"To be or not to be is often the question. But whatever she says there is no objection."* Her sons say this was an early indicator that their mom was no lady to mess with!!



Sons Robert, Richard and Ronald note the irony that their dad, Walter's family, resided conveniently just a few steps across the street from another Lutheran Church in the neighborhood.



However that church was not in the Missouri Synod like St. Luke; so Walter's dad joined St. Luke where Ruth's family was a member. Ruth's sons say, *"Without the Missouri Synod influence there may never have been the reality of a Walter and Ruth Sichau and son's family photo."*

Ruth and her fiancé, Walter, took their first jobs and commuted to work together at White Motor where her dad worked. Ruth was in secretarial and Walter a machine operator. They were married on June 13, 1942, a few months later Walter was drafted. After Walter was drafted, Ruth started a new position at Lamson and Session at West 85th and Madison where she could conveniently walk to work from her parents home.

Walter served in the US Army Air Force where he was radio operator aboard a B-24 Flying Fortress. Walter survived two air crashes; one was a mechanical malfunction, the second event involved being shot down by the Germans where he became a prisoner of war. He was missing in action for several months before Ruth received official word that he was alive as a prisoner of war and would return home.



Ruth's closest friend was Phyllis Poschke Nickel whose dad built and operated Poschke's Barbecue on Lake Avenue and Clifton, now Don's Light House. Poschke's was Cleveland's west side "in-spot" throughout the 1920's and '30's. Ruth loved their beef and pork barbecue sandwiches that only cost \$.35, both Ruth and Phyllis enjoyed many great times there dining and making new friends.

After Walter returned home from the service, he and Ruth rented an apartment owned by Ruth's dad at 81st and Madison. They soon purchased their first home in Brooklyn Village, Ohio, where Richard and Ronald were born. The couple later moved to Fairview Park in 1955 and transferred from St. Luke Church to Messiah Lutheran in Fairview. Ruth worked and volunteered in numerous activities at Messiah. The couple also spent countless hours remodeling and renovating their Fairview home. Ruth was an immaculate housekeeper and enjoyed collecting English bone china cup and saucer settings that she featured on the dining room table for major holiday dinners. Another of Ruth's hobbies was designing holiday tree and wreath decorations and lush colorful flower arrangements

Ruth also enjoyed dancing the polka with Walter at the German Central Farm festivities throughout the year. Walter died unexpectedly at age 69 on February 11, 1990.

She was happy to move from her Fairview Park home to her new Normandy apartment in 2001 and leave the chores and responsibilities of homeownership behind. She truly enjoyed her carefree days at the apartment listening to Gary Ryan sing during happy hour. She loved playing pinocle with her lady friends along with weekly bus trips to Great Northern to shop for shoes and clothing items at Macys and Dillards. Ruth continues to invite her family to attend great holiday feasts with her at the Normandy Apartment dining room where Chef Hodge cooks up delectable culinary treats throughout the year.

Ruth just celebrated her 90th birthday on August 11th with her three sons, daughter-in-laws and grandchildren David and Leah. Her brother George and son Keith were also part of the celebration.



Employee of the Month
November, 2011
Susan Keyes
Environmental Aide



Congratulations

*The following employees
Have received a*

***“Take a Bow”
award***

Normandy Staff

(The End of Summer Picnic)

“Hey let it rain!! We had sunshine in the Normandy and in our hearts. Good food—good music and good friends make good times. Speaking of good food; it was great (as usual). One thing bought back my youth--the old fashion baking powder biscuits, like my mom made all the time and I have not had them for years. I’m looking forward to the Christmas Party!”

Miriam Talley, STNA

“Thanks a bunch for helping with the needs of people who wanted to lie down after lunch. It was a big help.”

Linda Walter, STNA

“Where do I begin? Excellent, outstanding, caring, respectful, engaging, thoughtful and on and on; one could not ask for or expect a better person in this position. While there are many great people here, Linda stands out above the rest. One of the positions one has the most direct contact with, from a patient’s point of view. She exemplifies what you want on the “front line.” It was a real pleasure to have Linda as a special caregiver.”

Ann Sterle, Housekeeping

“Ann has been so kind to me, I love her as a friend.”

Linda Walter, Classee Mace and Danielle Shipman

“At Mr. C’s POC meeting, his family expressed their gratitude for the help of the staff, but especially wanted to mention, Linda, Classee and Danielle on the 3-11 shifts for their wonderful care and understanding.”

Ashley Pacheco, STNA

“Extraordinary. She was very concerned and helpful with my mother’s bathing and care and seeing that all her needs were met in a professional manner.”

Lynn Rhoades, Business Office

“Big thanks to Lynn the other day I was not feeling well and she took away from doing her own work to pass all of the 100-200 hall trays. Thanks again.”

Mia Steele, STNA

“Thanks a whole lot for the helping with the needs of people before they lay down for a nap. It was a big help and greatly appreciated. Thanks again.”

Jamie Wright, LPN

“Thank you for your help on 9-24-11. You stepped right up to help without blinking an eye, and it was greatly appreciated.”

Jen Doolittle, LPN

“Thank you for all your help on 9-24-11. You stepped right up and helped when I needed you. As always, I greatly appreciate your input and assistance.”

Clark Orban, Environmental Aide

“During a rain storm, Clark volunteered to walk me to my car with an umbrella, getting himself wet in the process. Clark always says yes when asked to help out and it is greatly appreciated, especially in the dining rooms. Clark displays his dedication to doing the right thing and a good job everyday, all day.”



***A MESSAGE FROM THE
DIRECTOR OF NURSES***

***Holiday
LEAVE OF ABSENCE***

The nursing department is requesting *advance notice* when residents and/or families have plans to spend time outside the facility on Holidays. We would like to have notice to make appropriate preparation for a smooth transition with medication packaging, suspension of any meals and special clothing. A *Holiday Leave of Absence* form will be located at each nurse's station. If you are unable to come to the facility in advance to fill out the Holiday Leave of Absence form, please feel free to *call the Unit Manager on each unit.*

Resident's hall number Unit Manager
100 – 400 hall.....*Julie Coticchia, RN*
500 – 600 hall.....*Jennifer Allred, RN*
700 – 800 hall.....*Kristi Weese, RN*

Thank you.

Residents'
November Birthdays

□ □
**"Happy Birthday
to You"**
♪ ♪

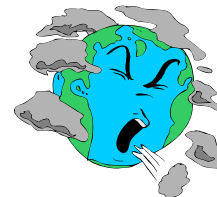
Gertrude Wagner	Nov. 4 th
Gay Barrett	Nov. 8 th
Virginia Johnsen	Nov. 14 th
Florence Bernazzoli	Nov. 22 nd



**What do you do with your old magazines?
Why not recycle them.**

We are always in need of Magazines (PG)
for the residents

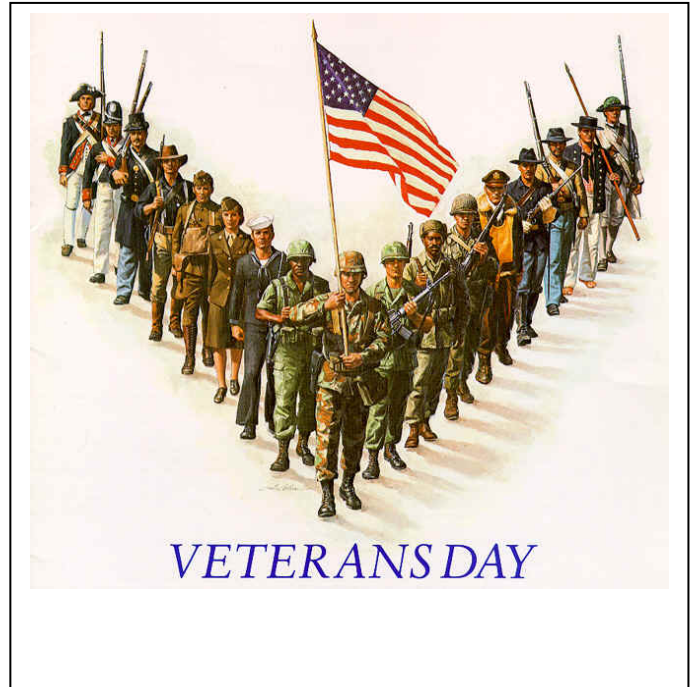
**Please, just drop them off at the
activity office**



During this cold and flu season, we ask that visitors, who are ill please refrain from visiting residents because they are likely to contract these illnesses from others.

The Normandy Manor Staff

Administrator	Matt Shula
Director of Nursing	Louise Darling
Admissions Director	Jessica Gaver
Activities Director	Tammy Danilovic
Administrative Assistant	Cindy Ward
Controller	David Rodgers
Dietary Manager	BJ Riegelsberger
Dietitian	Sandee Hebert
Environmental Services	Curtis Cole
Maintenance Director	John Rhoades
Rehab Services Director	Ellen Straub
Social Work	Megan Bean Ginny Moes



The Normandy Manor
22709 Lake Rd.
Rocky River, Ohio 44116