

Normandy Manor Fall/Winter Menu – Week 1

To be served weeks beginning October 19th, November 16th, December 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Oatmeal Scramble Eggs Hash Brown Patty Toast	Pears Cream Of Rice Waffles Toast	Banana Cream Of Wheat Cheese Omelet Toast	Oatmeal Cream Chip Beef Texas Toast	Cream of Rice French Toast Toast	Cream Of Wheat Scrambled Eggs Bacon Muffin Toast	Oatmeal Sausage Link Pancakes Toast
Lunch	Hawaiian Meat balls Rice Sugar Snap Peas Or Vegetable Lasagna Mashed Potatoes Tossed Salad Apple Pie	Cottage Cheese & Pears Shepherd’s Pie Or Beef Ravioli Seasoned Zucchini Fruited Gelatin	Baked Pollock Twice-Baked Potato California Mix Veg. Or Chicken Cordon Bleu Harvest Rice Seasoned Mix Veg. Cinnamon Sugar Cookies	Baked Ziti w/Sausage Tossed Salad Or Hawaiian Meatballs Rice Sugar Snap Peas Ice Cream	Fish Nuggets Noodles Romanoff Cole Slaw Or Shepherd’s Pie Mashed Potatoes Savory Carrots Apricots	Cream of Asparagus Soup Hamburger on bun Savory Potato Wedges Or Baked Pollock Twice-Baked Potatoes California Mix Veg Strawberries & Whipped Cream	Flat Iron Pork Steak Parmesan Tomato Or Baked Ziti w/Sausage Mashed Potatoes Tossed Salad Lemon Meringue Pie
Dinner	Turkey Veg. Soup Egg Salad Plate Or Fish Fillet on Bun Savory Potato Wedges Cole Slaw Fresh Fruit	Chicken Tenders Red Skin Potatoes Seasoned Spinach Or Turkey & Cheese Sandwich Caesar Pasta Salad Mini Cream Puffs	Macaroni & Cheese Seasoned Broccoli Or Corn Beef & Noodles Seasoned Carrots Fresh Honeydew	Beef Stew Cucumber Salad Corn Muffin Or Egg Salad Plate Fruit Medley	Chicken Veg. Soup Tuna Salad Plate w/Croissant Or Chicken Tenders Red Skin Potatoes Seasoned Spinach Jello Cake	Salmon Patty Baked Potato Seasoned Oriental Veg. Or Macaroni & Cheese Mashed Potatoes Seasoned Broccoli Chocolate Cake	Creamy Veg. Soup BBQ Chicken Bites Au gratin Potatoes Italian Green Beans Or Beef Stew Mashed Potatoes Cucumber Salad Corn Muffin Cinnamon Apples

Water, fruit juices, milk & coffee offered at every meal.

Condiments available as needed.

Normandy Manor Fall/Winter Menu – Week 2

To be served weeks beginning October 26th, November 23rd, December 21st

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Cream Of Rice Ham & Egg Puff Croissant Toast	Peaches Cream of Wheat Bacon Waffles Toast	Pineapple Oatmeal Plain Omelet Sausage Links Toast	Cream Of Rice French Toast Toast	Fruit Cocktail Cream Wheat Cheesy Eggs Toast	Mandarin Oranges Oatmeal Bacon Pancakes Toast	Cream of Rice Cheese & Sausage Strata English Muffin Toast
Lunch	Escalloped Chicken Peas & Onions Or Fish Nuggets Noodles Romanoff Cole Slaw Fresh Watermelon	Breaded Pork chop Spiced Apple Rings Scalloped Potatoes Black Eyed Peas Or Hamburger on Bun Savory Potato Wedges Lettuce & Tomato Blushing Pears	Beef Stroganoff Buttered Noodles Tossed Salad Or Flat Iron Pork Steak Parmesan Tomato Rice Pudding	Potato Crusted Fish Red Skin Mashed Potatoes Asparagus Or Escalloped Chicken Peas & Onions Peach Melba	Spaghetti Marinara Sauteed Mushrooms Tossed Salad Garlic Bread Or Breaded Pork Chop Scalloped Potatoes Black Eyed Peas Cottage Cheese & Apricots	Taco Chicken Breast Rice Winter Blend Veg. Or Beef Stroganoff Buttered Noodles Tossed Salad Ice Cream	Country Fried steak Oven-Brown Potatoes Glazed Carrots Or Potato Crusted Fish Red Skin Mashed Potatoes Asparagus Boston Cream Pie
Dinner	Beef Vegetable Soup Ham & Cheese Sandwich Potato Salad Or Tuna Salad Plate w/Croissant Fruited Angel Food Cake	Grilled chicken Teriyaki Harvest Rice Three Bean Salad Or Salmon Patty Baked Potato Seasoned Oriental Veg. Peanut Butter Cookies	Cream of Broccoli Soup Turkey Salad Plate w/Croissant Or BBQ Chicken Bites Augratin Potatoes Italian Green beans Strudel bites	Stuffed Pepper Casserole Tossed Salad Or Ham & Cheese Sandwich Potato Salad Sherbet	Split Pea soup Tuna Salad Plate Corn Muffin Or Grilled Chicken Teriyaki Harvest Rice Three Bean Salad Peachy Blackberry Pie	Open-Faced Roast Beef Sandwich Mashed Potatoes Seasoned Corn Or Turkey Salad Plate w/Croissant Seasoned Carrots Fresh Fruit Cup	Chicken Ala King In Pastry Shell Sugar Snap Peas Or Stuffed Pepper Casserole Tossed Salad Fruited Jello

**Water, fruit juices, milk & coffee offered at every meal.
Condiments available as needed.**

Normandy Manor Fall/Winter Menu – Week 3

To be served weeks beginning November 2nd, November 30th, December 28th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Apple Sauce Cream of Wheat Waffles Toast	Oatmeal Scrambled Eggs Bacon Cinnamon Toast	Cream of Rice Creamed Chip Beef Texas Toast	Cream of Wheat Pancakes Toast	Mandarin Oranges Oatmeal Vegetable Omelet Toast	Fruit Cocktail Cream of Rice French Toast Toast	Pineapple Cream of Wheat Cheesy Eggs English Muffin Toast
Lunch	Baked Chicken Stuffing Harvard Beets Or Spaghetti Marinara Sauteed Mushrooms Tossed Salad Cottage Cheese Banana Pudding	Meat Loaf Mashed Potatoes Butter Beans Or Taco Chicken Breast Harvest Rice Winter Blend Veg. Pears	Roast Pork Spaetzel Braised Cabbage Spiced Apple Rings Or Country Fried Steak Oven-Brown Potatoes Seasoned Carrots Angel Cake w/Strawberries	Brunswick Stew Cucumber & Onion Salad Corn Bread Or Baked Chicken Stuffing Harvard Beets Peach Pie	Crab & Broccoli Alfredo Tossed Salad Or Meat Loaf Mashed Potatoes Butter Beans Luscious Lemon Cake	Stuffed Cabbage Roll Mashed Potatoes Italian Green Beans Or Roast Pork Spaetzel Braised Cabbage Chocolate Chip Cookies	Pot Roast Oven-Browned Potatoes Baby Carrots Or Brunswick Stew Mashed Potatoes Cucumber Salad Strawberries & Whipped Cream
Dinner	Ham & Cabbage Casserole Tossed salad Or Tuna Salad Plate Frosted Cupcake	Vegetable Soup Chicken Nuggets Macaroni & Cheese Carrot Raisin Salad Or Open-Faced Roast Beef Sandwich Mashed Potatoes Seasoned Corn Chocolate Cake	Cream of Potato Soup Cheeseburger Onion Rings Or Chicken Ala King In Pastry Shell Mashed Potatoes Sugar Snap Peas Fresh Cantaloupe	Spaghetti Chicken Casserole Tossed Salad Or Ham & Cabbage Casserole Seasoned Carrots Pineapple Delight	Three Bean Soup Egg Salad Sandwich Macaroni Salad Or Chicken Nuggets Macaroni & Cheese Carrot Raisin Salad Ice Cream	Beef Barley Mushroom Soup Chicken Salad on Croissant Three Bean Salad Or Cheeseburger on Bun Onion Rings Fresh Honey Dew	BBQ Riblet Scalloped Potatoes Calico Corn Or Spaghetti Chicken Casserole Mashed Potatoes Tossed Salad Coconut Cream Pie

Water, fruit juices, milk & coffee offered at every meal.

Condiments available as needed.

Normandy Manor Fall/Winter Menu – Week 4							
To be served weeks beginning November 9th, December 7th							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfas	Cream of Rice Plain Omelet Hash Brown Patty Toast	Cream of Wheat Sausage Links Waffles Toast	Pears Oatmeal Scrambled Eggs w/Ha Toast	Cream of Wheat French Toast Toast	Fruit Cocktail Cream of Wheat Sausage Egg Puff English Muffin Toast	Oatmeal Bacon Pancakes Toast	Peaches Cream of Rice Scrambled Eggs Hash Brown Patty Toast
Lunch	Macaroni & Cheese California Mix Veg. Muffin Or Crab & Broccoli Alfredo Tossed Salad Mandarin Orange Jello	Honey Dijon Pork Chop Sweet Potatoes Seasoned Lima Beans Or Stuffed Cabbage Roll Mashed Potatoes Italian Green Beans Jelly Roll	Lemon Crumb Pollock Baked Potato Garden Blend Veg. Or Pot Roast Oven-Brown Potatoes Baby Carrots Chocolate Pudding	Breaded Veal Cutlet Red Skin Potatoes Prince Edward Veg. Or Macaroni & Cheese California Mix Veg. Peach Whip	Vegetable Lasagna Tossed Salad Garlic Bread Or Honey Dijon Pork Chop Sweet Potatoes Seasoned Lima Beans Chocolate Cream Pie	Beef Ravioli Seasoned Zucchini Or Lemon Crumb Pollock Baked Potato Garden Blend Veg. Lime Jello w/Pears	Chicken Cordon Bleu Harvest Rice Seasoned Mix Veg. Or Breaded Veal Cutlet Red Skin Potatoes Prince Edward Veg. Sherbet
Dinner	Chicken Noodle Soup Tuna Salad Sandwich Cucumber Salad Or Egg Salad Sandwich Macaroni Salad Coffee Cake	Kat's Chili Mac Corn Bread Or Chicken Salad on Croissant Three Bean Salad Fresh Fruit Cup	Minestrone Soup Jumbo Taco Dog Spudsters Carrot Raisin Salad Or BBQ Riblette Scalloped Potatoes Calico Corn. Frosted Cupcake	Bean w/Bacon Soup Grilled Chicken Salad Or Tuna Salad Sandwich Cucumber Salad Cherry Pie	Fish Fillet on Bun Savory Potato Wedges Cole Slaw Or Kat's Chili Mac Green Beans Cornbread Tartar Sauce Fresh Watermelon	Tomato Soup Turkey & Cheese Sandwich Caesar Pasta Salad Or Jumbo Taco Dog Spudsters Carrot Raisin Salad Pumpkin Pie	Corn Beef & Noodle Casserole Seasoned Carrots Or Grilled Chicken Salad Pineapple Tidbits

**Water, fruit juices, milk & coffee offered at every meal.
Condiments available as needed.**