



# Normandy Manor Times

Volume 48  
April 2011

22709 Lake Road, Rocky River, Ohio 44116  
Editor-in-Chief/Layout Design, Lori Lancaster



We do not inherit the earth from our ancestors; we borrow it from our children. ~Native American Proverb

## UPCOMING EVENTS

**April 1, 2011**, we will have our Alzheimer's Fundraiser lunch at the Fairview

**Applebee's.**

**April 2, 2011**, **Billy K** will once again grace us with his wonderful music at 2:30 pm in the main dining room.

**April 3, 2011**, our residents will be attending **Westlake Baptist Church** at the Westlake Recreation Center.

**April 8, 2011**, **Parmatown Mall** is our destination.

**April 14, 2011**, **ATTA (Access to the Arts)** will be here to entertain us with classical music for the monthly birthday party to honor the residents. It will be held in the main dining room at 2:30 pm.

**April 15, 2011**, we will tour the **Maltz Museum of Jewish Heritage** in Beachwood. The Museum illuminates the history, traditions and achievements of the Jewish people.

**April 16, 2011**, one of our favorite accordion players, **Pat Tamburro**, will play for us in the activity room at 2:30 pm.

**April 22, 2011**, the **monthly mystery trip** is on the agenda.

**April 29, 2011**, is the **Ninety-Plus Ice Cream Social** at the Rocky River Senior Center.

**April 30, 2011**, **Miles Boozer** and his interactive music program will be in the main dining room at 10:30 am.

**May 6, 2011**, a visit to the **Cleveland Public Library** is planned.

**May 8, 2011**, **National Nursing Home Week**

Spring

**UPCOMING EVENTS (continued)**



**Come join us for the  
CAREGIVER PANEL**

**April 26, 2011 @ 5:30 pm  
at  
Normandy Manor**

We will be hosting a Caregiver Panel discussion on April 26th. A light dinner will be served at 5:30 pm; the presentation will begin at 6:00 pm. Please come with your questions for the panel, we look forward to seeing you in April.

Three speakers on the panel:

**Christine Nelson, RN, CNS**  
*Director of Geriatric Assessment Center*

**Joyce Geib, physical therapist,**  
*Geriatric focus*

**Geri Bryan, social worker,**  
*Geriatric Assessment Center*

**Reservations are required  
(Please call 877.234.3488)**

**UPCOMING EVENTS (continued)**

**May 7, 2011, Pat Tamburro** will again entertain us with his accordion music.

*The following special events are being added to our schedule of activities to celebrate*

**National Nursing Home Week,**

*family members are encouraged and welcome to attend along with their loved ones.*

**May 8, 2011,** at 2:30 pm in the main dining room we have booked an **Irish Polka band** to entertain.

**May 9, 2011,** at 2:30 pm in the main dining room a **Jacqueline Kennedy impersonator** will inspire us with the life and history of this famous person.

**May 10, 2011,** at 2:30 pm in the main dining room **Jeff Cavallo** will host an **Island party** with his songs and steel drums.

**May 11, 2011,** at 2:30 pm in the main dining room **Nancy Sias** and her partner will lead a fifty/sixty theme music party.

**May 12, 2010,** at 2:30 pm in the main dining room we will again have our monthly birthday party with **Access to the Arts.**

**May 13, 2010,** at 2:30 pm in the main dining room **George Halter** will play a variety of tunes from country to oldies.

**May 14, 2011,** at 10:30 am in the main dining room, **Tiffany** will play piano. Then, at 2:30 pm in the main dining room **Miss Kristin's dance studio** children will perform.



## PAST EVENTS

**March 5, 2011**, Pat McGuire rocked the house with Irish music.

**March 6, 2011**, residents loved the childrens' performance from the **Cannon School of Irish Dancers**. They were talented dancers who wore native Irish costumes.

**March 8, 2011**, we celebrated **Mardi Gras** with **Johnny Pastirik**; we served King cakes and traditional donuts. Residents enjoyed wearing colored beads for the festivity.



**March 17, 2011**, residents enjoyed the experience of a **bag piper playing Irish songs** for St. Pat's day. Shamrock brownies were served.

**March 19, 2011**, the **Volunteer Appreciation Lunch** coordinated by Tammy Danilovic held at the VFW Hall in Avon was well attended by our cherished volunteers. They enjoyed a gourmet lunch provided by BJ Riegelsberger and her staff, music provided by Pat Tamburro, Joy Parrish and Art Zimmerman, gifts and flowers provided by the Normandy Manor.

**March 24**, Thank you **Holy Family Hospice** for providing fun and enjoyment by providing a **Jeopardy game day**.

**March 24**, Tiffany held a **piano concert** at Normandy Manor. She is a volunteer from Crossroads Hospice. Tiffany plays the piano most Wednesdays in the main dining room for the lunch time meals

**March 29, 2011**, **Bailey**, a therapy dog, is new to visiting residents.

**March 31 and April 1**, Thanks to all families and staff who participated in the **Applebee's dining to Donate programs**. Proceeds will be going to the Alzheimer's Association.



The following employees have received the

### **“Take a Bow” Award For April 2011**

**Activities Staff – Lori, Joy, MaryAnn, Sharon, Bridgett, Darlene and Jill**

*“Happy National Activities Professionals week (Jan. 23<sup>rd</sup> – Jan. 28<sup>th</sup>). Thanks for all that you do that goes unnoticed. You provide quality activities throughout the year. The activities are fun and engaging for our residents. Thanks again. You’re the best staff I’ve ever had.”*

#### **Activity Department**

*“Thanks for help when I ask for it. It’s so nice to work with all the team spirit and team players.”*

#### **Jan Herzberger, LPN**

*“Jan has always done all possible to help my mother Bernice. She goes out of her way to do things to make her stay here at Normandy Manor a very pleasant one. She truly cares about the people. Jan is a great asset to Normandy and they are lucky to have such a caring person.”*

#### **Erika Reese, Housekeeping**

*“Erika’s winning smile and gracious friendliness sets her apart from the average person. She was dusting one morning when I saw her pick up a towel that had fallen on the floor. She took it over to the hamper and saw that the hamper was full. Erika turned to me (as I was holding some laundry) and said, “May I take this down to the laundry for you?” I couldn’t think of a thing to say—I just nodded my head and kept on smiling. What an exceptional person she is.”*



### Blessing on Aging...

Blessed are they who understand  
My faltering step and shaking hand  
Blessed, who know my ears today  
Must strain to hear the things they say

Blessed are those who seem to know  
My eyes are dim and my mind is slow  
Blessed are those who look away  
When I spilled tea that weary day

Blessed are they who, with a cheery smile  
Stopped to chat for a little while  
Blessed are they who know the way  
To bring back memories of yesterday

Blessed are those who never say  
"You've told that story twice today"  
Blessed are they who make it known  
That I am loved, respected and not alone

And blessed are they who will ease the  
days  
Of my journey home, in loving ways

~ Author unknown



## CONGRATULATIONS!! EMPLOYEE OF THE MONTH



Sally Thompson,  
STNA



*"Dear Tammy,  
I greatly enjoyed going on the field  
trips. Ms. Irene had not been out  
very much, when she was at home,  
before coming there, due to her  
husband's illness. Thank you for  
giving me the opportunity to have  
some fun with her.*

*Blessings, Susan"*

*"For all the many people that helped  
make our birthday party so nice.  
Thank you. You all were wonderful.*

*Marv Nerad"*



Our **Annual Volunteer Appreciation luncheon** was quite a success; here are some very special notes that were sent to us.

*“Dear Tammy,  
I enjoyed myself immensely yesterday at the luncheon. Thank you again for including me. I have missed coming to Normandy Manor and it was so good to see everyone again.*

*I sat with very congenial people and I was especially pleased to meet your parents.*

*I hope that from time to time you get the recognition you deserve for all that you do to make Normandy Manor a pleasant place for residents and staff, and of course, for volunteers. Fingers crossed I get reassigned there!*

*Warmly, Monica”*

*“Dear Tammy,  
Thank you and your staff for putting on such a lovely volunteer luncheon. I really enjoyed seeing everyone. Also, don’t forget to tell BJ the food was delicious.*

*“Dear Tammy,  
Thank you so much for honoring this volunteer. The food was great and the gifts were a surprise. I hope I can keep my plant alive. I enjoyed meeting your parents. It is easy to see why you are such a delight. I am truly grateful. The joy of having a time with a resident is mine.*

*Sincerely, Carolyn Altman”*

*“Dear Matt,  
Thank you for the very nice Volunteer Appreciation luncheon. It was good to be together with you and your wonderful staff. God bless you all as you continue in the very special work that you do.*

*Barbara Kahoun, St. Christopher monthly mass group”*

*“Dear Tammy,  
Thank you for a wonderful Volunteer Luncheon!! It was so nice to see everyone and also, several of the residents’ family members!! The food and music was great!!*

#### **Attention: Caregivers**

**What were your loved ones passions?**  
*Sewing, collecting, photography, cooking, dancing, traveling, careers, sports, military artifacts, art and crafts, accomplishments as well, etc.*

**Would you let us display them in the locked cabinet in the lobby? This would allow the residents’ peers to know more about their friends as well as staff. It can also provide conversation about these subjects and about the good old days.**

**Call Tammy at 440.333.5400 ext. 145**

## April Holidays & Special Days

*April Fools' Day (April 1)*  
*Passover (April 19-25)*  
*Earth Day (April 22)*  
*Easter Sunday (April 24)*  
*Administrative Professionals Day (April 27)*  
*Arbor Day (April 29)*



## Reminiscing

*“Those were the Days My Friend, we thought they'd never end, we'd sing and dance...”*

The residents at the Normandy look forward to **Mary Ann's reminiscence group** every Wednesday. She chooses topics which bring back nostalgic memories from their younger days. Covering such topics as Euclid Beach, Ballrooms where they danced, and Department Stores where they shopped which are now only memories. The group works to bring the past into the present to be enjoyed all over again. The props, items or treats that she brings to the program stimulate the memory and senses, and can trigger other memories. The conversation is always lively, as the residents excitedly share their thoughts and memories.

Mary Ann also hosts the Normandy version of the Red Hat Society, **“Hattitudes”**. The “ladies” wouldn't miss their time to share a treat and talk. She hosts a **reading group** as well. She takes stories that would be relevant and meaningful to them, enlarges the print on separate pages so each resident has a page to read. This ensures that they are keeping up their reading and cognitive skills and gives our residents a sense of pride and accomplishment. *It's no wonder when the residents come out of Mary Ann's groups they seem to act and look younger!*



## Residents' April Birthdays

□ □

*“Happy Birthday  
to You”*



Eugene Hunt	April 11 <sup>th</sup>
Peggy Gambrell	April 12 <sup>th</sup>
Elizabeth Lieberman	April 15 <sup>th</sup>
Veronica Howson	April 17 <sup>th</sup>
Nahi Salman	April 23 <sup>rd</sup>
Audrey James	April 24 <sup>th</sup>
Kitty Blom	April 26 <sup>th</sup>
Thomas Ayling	April 30 <sup>th</sup>



***Mrs. Eileen S. Crawford (Gallatin, TN)***  
***and***  
***The Vanderbilt University (Nashville, TN)***

*Both made a generous donation to the art department in John Suzo's memory.*

*Thank you, this was such a thoughtful and much appreciated gift. We plan to purchase a centering tool for our clay work.*

# RESIDENT OF THE MONTH

## *BJ Cramer*

BJ Cramer was born BettyJeane Voigt on October 5, 1922 to Edward and Ester Voigt. She grew up on the west side of Cleveland with her parents and her younger sister Lynn. After high school, she went to work at various jobs and also did some modeling on the side. Ushering at the old Palace Theater, she met several celebrities of the day, including Glenn Miller, Tommy Dorsey, and Tony Bennett.



In 1944 she went to work for the May Company at the jewelry counter, where she met her first husband Lew Fox. They dated, fell in love and were married in 1945. After moving to Lorain, Ohio they started a family. BJ is mother to three daughters: Debbie Fox Zelinski; who lives in Avon with her husband Carl; Lynne Arnold, who lives in Lakewood with her husband Ira; and her youngest daughter Kim Fox, who lives in Rocky River. The most important part of her life was raising her children, which is the reason she chose to be a stay at home mom. In 1963 her first marriage ended, and then she and her girls moved to Lakewood to be near her parents and sister.

Now, as the sole support of her daughters, she went to school to earn her Real Estate license.

They fell in love and were married in 1972. Art had a daughter Phyllis Markus, so now BJ was mother to four girls.



For the next **thirty-three** years she was active selling and listing homes earning her many awards and designations. In 1972 the Cramer Company and A.B. Smythe Company merged to become the Smythe Cramer Company. Art Cramer passed away in 1979. BJ retired from Smythe Cramer Company in 1992.

In 1977, the biggest thrill of BJ's life occurred, her first grandchild, Jenny Robertson, was born. In the next eight years she had four more grandchildren: Sarah Dancy, Kate Arnold, BettyJeane Wischmeier, and Jack Arnold. BJ adores her grandchildren and is a wonderful "Nana." She now is a great-grandmother to four great-granddaughters: Samantha, Elisabeth, Natalie, and Morgan.

Volunteerism was also an important activity to BJ. She volunteered at Lakewood hospital, was active on the Junior Board and was a trustee of the Lakewood Hospital Foundation for many years. She also volunteered at the Lutheran Home.

BJ was a resident at Sunrise Assisted Living for six years before moving to the Normandy Manor in August 2010. She enjoys living here at the Normandy Manor,

## The Normandy Manor Staff

Administrator	Matt Shula
Director of Nursing	Louise Darling
Admissions Director	Jessica McNeill
Activities Director	Tammy Danilovic
Administrative Assistant	Cindy Ward
Controller	David Rodgers
Dietary Manager	BJ Riegelsberger
Dietitian	Sandee Hebert
Environmental Services	Curtis Cole
Maintenance Director	Tom Sloane
Rehab Services Director	Ellen Straub
Social Work	Megan Bean Ginny Moes



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The Normandy Manor  
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